

NM Licensed Naturopathic Doctor – Frequently Asked Questions

What is a Naturopathic Doctor?

Licensed Naturopathic Doctors are primary care providers, entitled to most of the rights and privileges granted to other PCPs in New Mexico.

Do Naturopathic Doctors require supervision by a licensed MD?

Licensed Naturopathic Doctors are independent healthcare providers and do not require supervision by a physician.

What are Naturopathic Doctors allowed to do in New Mexico?

The scope of practice includes:

- Perform physical examinations.
- Order & interpret laboratory examinations.
- Order diagnostic imaging studies.
- Prescribe, administer, dispense, and order all legend drugs within Schedules 3, 4 and 5 of the Controlled Substance Act with the exception of the derivatives of opium whether natural or synthetic, also excluding all benzodiazepines.
- Perform superficial minor office surgical procedures.
- Perform naturopathic physical medicine.
- Employ the use of naturopathic therapies.
- Administer intramuscular, intravenous, subcutaneous, intra-articular, and intradermal injections of substances appropriate to naturopathic medicine.
- Use routes of administration that include oral, nasal, auricular, ocular, rectal, vaginal, transdermal, intradermal, subcutaneous, intravenous, intra-articular and intramuscular consistent with the education and training of the naturopathic doctor.
- Use and prescribe therapeutic devices, barrier contraception, intrauterine devices, hormonal and pharmaceutical contraception and durable medical equipment.

What are the licensing requirements for a person to practice Naturopathic Medicine in New Mexico?

In order to be eligible to be licensed in New Mexico, the requirements include:

- Graduation from an approved, 4-year naturopathic medical educational program offering graduate-level, full time didactic and supervised clinical training.
- Passed NPLEX (Naturopathic Physicians Licensing Exam) Part I (biomedical science examination), NPLEX Part II (core clinical science examination) and NPLEX clinical elective examination in minor surgery and pharmacology.
- Passed a state jurisprudence examination.
- Possess professional liability insurance.
- Demonstrate moral and professional character.